



FACEBOOK

Become a Fan of Lawrence Parks and Recreation on Facebook! We are now part of the social network community Facebook. We'll update you on the happenings of the department and offer you information on our programs and activities. Become a Fan at: <http://www.facebook.com/lprdk>.

LAWRENCE CEMETERIES

The City's Parks and Recreation Department operates both Oak Hill and Maple Grove Cemeteries. Space is available at no charge for veterans in our Veterans Plot. For fees and further information, contact the cemetery office at 1605 Oak Hill Road. Lawrence Parks and Recreation is currently maintaining and operating Memorial Park Cemetery. For more information on Memorial Park, please contact (785) 832-7955.

SLEDDING SAFETY TIPS

An area in Centennial Park, 600 Rockledge Road, with lighted hills is suggested for sledding and can be used by the public weather permitting.

Many times sledding accidents occur when individuals do not keep safety as the first priority. This can be prevented by following a few safety precautions.

First, if a child is sledding, an adult should be there to supervise the activity. Adults may even want to be on the sled with young children to prevent accidents. According to a study done by the American Academy of Orthopedic Surgeons and the U.S. Forest Service, adult involvement dramatically lowers the sledding injury rate. Other tips include:

- Dress properly. While everyone should wear one, it is especially important for children under 12 to wear a helmet. Everyone should also wear gloves and insulated boots.
- Use sleds with secure handholds; make sure there aren't sharp edges or splinters. Inspect your sled prior to sledding to make sure it is in good condition and not broken. Don't use carpets or cardboard as sleds. They are dangerous and hard to control.
- Sled in daylight hours in well-lit areas.
- Never sled in unsafe areas like streets, driveways, rocky hills or near a cliff. Never ride on a sled that is being pulled by a car, truck or ATV.
- Make sure your sledding hill doesn't have trees, signs, fences, rocks or other objects that can cause injuries. Never ride into a snow bank — the snow may hide a tree stump or rocks.
- Slide in a sitting or kneeling position; always feet first, never head first.
- Make sure the way is clear before you start; make sure any other sledders are out of the way before you begin.
- While sledding, tuck in loose ends — arms, legs, scarves, cords, etc.

- If you fall off your sled, move out of the way quickly to avoid a collision with other sledders.
- Climb the hill away from others sledding down the hill. Know how to stop your sled or make a sharp turn by dragging your feet.
- If your sled won't stop or if you are out of control, roll off your sled and onto the ground. Don't worry about your sled after you roll off. You can get it back after it stops sliding.

For more information, please contact the Parks and Recreation Department at (785) 832-3450.

ICE SKATING SAFETY TIPS

Those wanting to ice skate can visit the ice skating area at the north-west corner of Buford M. Watson, Jr. Park, located at 6th and Kentucky Streets. Skating is free and open to the public.

Another skating venue is located at Lawrence Rotary Arboretum, 5100 W. 27th St. The pond area at the arboretum is available for skating. Signage will provide information as to whether the ice is open or closed. While ice skating, remember these safety tips:

- Make sure skates fit comfortably and provide ankle support.
- Dress in layers to avoid frost bite and wind burn. This includes wearing hats, scarves (tucked in), gloves and long underwear.
- Only skate in designated areas where ice is known to be strong.
- Always check for cracks, holes and debris on the ice.
- Avoid skating on ice covered with snow. Snow can insulate ice and keep it strong, but can also insulate it to keep it from freezing. Snow can also hide cracks and debris, weaken and open ice.
- Never skate alone in case someone falls through the ice. Also, make sure to carry a cell phone so you can call for help in case an accident does occur.
- Do not skate after dark.

Lawrence Parks and Recreation wants to ensure everyone's safety when visiting city parks. By remembering essential safety precautions, you'll be able to enjoy your sledding and skating experience.

For more information, please contact the Parks and Recreation Department at (785) 832-3450.

WOODCHIP SALE

Lawrence Parks and Recreation Department will hold two woodchip sales this year. Dates include:

- Thursday, April 1 — 8 a.m. to 3 p.m.
- Thursday, October 7 — 8 a.m. to 3 p.m.
- Friday, April 2 — 8 a.m. to 3 p.m.
- Friday, October 8 — 8 a.m. to 3 p.m.
- Saturday, April 3 — 8 a.m. to 4 p.m.
- Saturday, October 9 — 8 a.m. to 4 p.m.

The woodchip sale takes place at the LPRD District 4/Forestry Division facility located at 1420 E. 11th St. The sale is held rain or shine. **Cost is \$10 per pick up load; the price will be more for larger trucks.** The woodchip sale is to eliminate woodchips generated by the department throughout the year. Parks and Recreation doesn't purchase mulch, instead it recycles trees that are cut down throughout the city. The trees are then ran through a chipper and used as mulch.

FRIENDS OF THE PARK

Lawrence Parks and Recreation Department annually recognizes individuals, groups, organizations and businesses making contributions in support of department programs, activities and developments through the **Friends of the Park Program**. Gifts range from equipment and program support to parcels of land for park development. Donations to the **Wee Folks Scholarship Fund**, the **Memorial Tree Program**, as well as other gift-in-kind services are also included in the recognition program. A separate recognition, **Friends of Stretch**, has been developed for volunteers donating service to department activities and programs. For more information or to make a contribution, please contact the LPRD Administrative office at (785) 832-3450 or parksrec@lawrenceks.org. Larger gifts for Parks and Recreation are also accepted through the Douglas County Community Foundation.

PARK AND PATH MAP AVAILABLE

Lawrence Parks and Recreation encourages everyone to go outside and enjoy the city's parks, trails and open spaces. Copies of the Park and Path Map may be picked up at any Parks and Recreation facility. It also may be found at www.lprd.org/parks/trailmap.pdf. We encourage everyone to follow the "Keep It Safe" practices listed in this section when visiting city parks, trails and facilities.

SHELTER RENTAL AND FACILITY RENTAL FLYERS AVAILABLE

Lawrence Parks and Recreation has facilities and shelters available to rent when you're planning your organization's next meeting, your child's birthday party, family reunion or get-togethers. Copies of both flyers are available at all Parks and Recreation facilities. Information may also be found in the Recreation Facilities section of this Activities Guide. For more information about shelter facility rentals, please contact the Recreation Facilities Division, Community Building, 115 W. 11th St., (785) 832-7920.

KEEP IT SAFE

Lawrence Parks and Recreation Department makes safety a primary concern with its facilities, parks and trails. We suggest the following precautions to ensure safety for all:

- Be aware of your surroundings.
- Get to know your neighborhood and community parks (entrances and access points, sight-lines, walkways and distance to destination points).
- Jog, hike or bike with a friend.
- Carry a cell phone (if possible).
- Stay in well-lit areas at night.
- Avoid remote areas of the park.
- Keep your car keys ready when approaching your car in a parking lot.
- Stay in an area where you can see others involved in activities in the park.
- Avoid travel in areas where groups may be mingling that may make you uncomfortable.
- Avoid shrubbery/landscaping that might hide sight-lines and good visibility.
- Avoid heavily wooded areas when hiking or biking alone.
- Educate children about talking to strangers and all other park safety rules.
- Know where and how to report any suspicious activities to police.
- Place valuables (purses, watches, billfolds etc.) out of sight or in trunk when leaving car unattended while on trails or in parks.



If you have concerns about any of our parks, trails or facilities, please let us know at (785) 832-3450.

WEE FOLKS SCHOLARSHIP FUND

In 1996, the Lawrence Parks and Recreation Department continued its commitment to the citizens of Lawrence through the establishment of the Wee Folks Scholarship Fund. The Wee Folks Scholarship Fund guarantees youth the opportunity to participate in department activities and programs regardless of economic condition and ensures their participation in activities that have a positive impact on their personal development. Donations to the Wee Folks Scholarship Fund go directly to scholarships for youth (with and without disabilities) to participate in department activities, programs and camps. Lawrence Parks and Recreation is committed to providing an outlet for youth to participate and develop positive, life-enhancing skills, which will help keep them out of trouble and from developing behaviors that endanger themselves and others. Since the establishment of the Wee Folks Scholarship Fund, Lawrence Parks and Recreation has awarded scholarships averaging more than \$15,000 yearly. Your gift to the Wee Folks Scholarship Fund will ensure the department's mission to "never turn a child away, for the inability to pay." For more information or to make a contribution, contact: LPRD; P.O. Box 708; Lawrence KS 66044; (785) 832-3450.

TEE SIGN SPONSORSHIPS AVAILABLE

Eagle Bend Golf Course and Learning Center, 1250 E. 902 Road, has opportunities for businesses to advertise on the tee signs at each of the 18 holes on the course. Each hole's sign features the hole layout, yardage from each tee marker, the Eagle Bend logo and a 12"x12" sign to advertise your business. For more information, please contact John Morris, golf operations supervisor, (785) 748-0600 or Roger Steinbrock, marketing supervisor, (785) 832-3458.

ADOPT-A-PARK PROGRAM

Participate in Parks and Recreation's Adopt-A-Park program and assist with keeping City parks clean and free of trash and debris. Organizations, groups and families are invited to participate. **Each group is asked to pick up trash and debris a minimum of four times during a calendar year.** Groups may also select the park (*depending on availability*) to adopt. For more information, please contact Robert Wilson at the Community Building, (785) 832-3450.

VOLUNTEERS

Want to volunteer with the Parks and Recreation Department? We offer many opportunities to get involved! From youth coaches to assisting with city landscaping, there's something for everyone. Volunteers working with youth will be screen through a background check process. For more information on how to volunteer, please contact the Parks and Recreation Department's Administrative Office, 947 New Hampshire St., Suite 200B, (785) 832-3450.

GIFT CERTIFICATES

Don't know what to get that special someone? Why not give them something fun that will help keep them active? A Lawrence Parks and Recreation gift certificate is the perfect gift! A gift certificate can be purchased in any amount and may be used to participate in any activity, program or class. Please contact Parks and Recreation at (785) 832-7920.

NATURE CENTER GIFT SHOP

Prairie Park Nature Center's Gift Shop, 2730 Harper St., offers items of nature. Books on birding, clothing, rocks, games and puzzles will help you "get wild." For more information, please contact Prairie Park Nature Center at (785) 832-7980.

ADVERTISING OPPORTUNITY

Want to help support Parks and Recreation and also get your business name out? The *Lawrence Parks and Recreation Activities Guide* is released twice a year — in April and December, listing all the classes, programs and activities for two seasons. Your support not only helps promote your business, but also shows community support of its programs and activities. To place an ad or find out more information, please contact Roger Steinbrock, Marketing Division, at (785) 832-3450 or e-mail parksrec@lawrenceks.org.