



For more information on special populations programs, contact Annette Deghand, special populations supervisor, at the Community Building, 115 W. 11th St., at 832-7920, at TDD# 832-3205 or at adeghand@ci.lawrence.ks.us.

Programs consist of adapted and integrated leisure and recreational activities for all individuals with disabilities. LPRD encourages individuals with disabilities to consider all programs offered by the department. If additional assistance is needed in these programs, call 832-7920.

MONTHLY NEWSLETTER

A special populations monthly newsletter highlights new activities, events and trips. Many programs not published in this *Activities Guide* are included. If you would like to be placed on the mailing list, call 832-7920 or e-mail the division.

SPECIAL EVENTS AND TRIPS

Trips and special events will be announced in the monthly newsletter with dates, times, fees and other information. Sign up and register for the trips by calling 832-7920. *Tentative trips include holiday lights, American Royal, K.C. Royals, K.C. Chiefs, Kansas State Fair, New Dinner Theatre, concerts, shows and much more. Be sure to sign up for the monthly newsletter so you won't miss out!*

PROGRAMS

SWIM TEAM

Ages: 13 and Up. Enrollment Min 5 / Max 25. It doesn't matter what swimming ability you have; this class is for all swimmers and walkers at all levels. Fine-tune your strokes and maybe learn a new one. Water Walkers are also welcome in this class. Go at your own pace and have fun. Water exercises and strength training in the water will be included as well. *Class is for all abilities; it is not a one-on-one setting.* **NOTE:** Second summer session is held at the Outdoor Aquatic Center and the other sessions will be held at the Indoor Aquatic Center. **No class 7/10, 11/13, 11/27.**

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322180 A	SWIMTEAM	S	10:45-11:45AM	6/19-7/31	LIAC	\$23
322180 B	SWIMTEAM	S	10:45-11:45AM	8/7-8/28	LOAC	\$15
422180 A	SWIMTEAM	S	10:45-11:45AM	9/11-10/16	LIAC	\$23
422180 B	SWIMTEAM	S	10:45-11:45AM	10/30-12/4	LIAC	\$15

ADULT & YOUTH ALL-STAR SPORTS LEAGUES

Enrollment Min 10 / Max 40 (per league). The overall goal of the leagues is to provide an inclusive environment, which teaches individuals with and without disabilities the fundamentals of the sports, teamwork, sportsmanship and competition, all while having a great time. Awards for all players will be presented on the last night. Rules and adaptations are made to accommodate all levels and all abilities. **Volunteer coaches are needed.** All youth games will be held on Fridays from 6 p.m. to 7 p.m. Adult games will be held 7:15 p.m. to 8:15 p.m.

ADULT ALL-STAR SOFTBALL

Ages: 13 and Up. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322220 A	ADULTSB	F	7:15-8:15PM	8/6-9/24	HSC	\$30

YOUTH ALL-STAR TEE-BALL/COACH PITCH

Ages: 5-12. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322230 A	YOUTHTB	F	6-7 PM	8/6-9/24	HSC	\$30

ADULT ALL-STAR VOLLEYBALL

Ages: 13 and Up. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
422220 A	ADULTVB	F	7:15-8:15PM	10/8-11/19	ELRC-GY	\$30

YOUTH ALL-STAR BASKETBALL

Ages: 5-12. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
422230 B	YOUTHBB	F	6-7 PM	10/8-11/19	ELRC-GY	\$30

ADULT & YOUTH LEISURE SPORTS

OK, so it might be a little warm in June and July to play sports outside. That's why we're moving at a different speed. Leisure sports will include games such as bocce, croquet, Frisbee golf, badminton and whiffleball. In case of inclement weather, we'll be inside the center, playing in the gym. Each week will offer a different type of sport that might not be so common for some of you. You have to register and attend every Friday night to see what sport is being played. **No sports 7/2.**

ADULT LEISURE SPORTS

Ages: 13 and Up. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322240 A	LEISURE	F	7:15-8:15 PM	6/4-7/30	ELRC-GY	\$30

YOUTH LEISURE SPORTS

Ages: 5-12. Enrollment Min 10 / Max 40.

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322250 A	LEISURE	F	6-7 PM	6/4-7/30	ELRC-GY	\$30

PRE-COFFEEHOUSE DINNER

Fee includes dinner and Coffeehouse admission. Ages: 13 and Up. Enrollment Min 5 / Max 40. The first Monday of every month, a delicious, catered meal will be served before Coffeehouse. Come join your friends and have a great time before tearing up the dance floor at Coffeehouse. Participants must pre-register for the dinner. No registrations will be taken on-site. *Registration deadline is the 15th of every month prior to the dinner: May 15, June 15, July 15, August 15, September 15, October 15 and November 15. Sponsored in part by Hy-Vee on West Sixth Street.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322200 A	DINNER	M	5:45-7PM	6/7	UPD	\$25
322200 B	DINNER	M	5:45-7PM	7/12*	FG21	\$25
322200 C	DINNER	M	5:45-7PM	8/2	UPD	\$25
422200 A	DINNER	M	5:45-7PM	9/13*	FG1&2	\$25
422200 B	DINNER	M	5:45-7PM	10/4	FG21	\$25
422200 C	DINNER	M	5:45-7PM	11/1	FG21	\$25
422200 D	DINNER	M	5:45-7PM	12/6	FG1&2	\$25

* Second Monday of the month due to holidays.





COFFEEHOUSE

Fee: \$9, at the door or pre-register and have payment portion done prior to arrival. Ages: 13 and Up. Enrollment Min 5 / Max 50. An evening of dancing, refreshments, socialization and live entertainment in a “coffeehouse” atmosphere. Join in on all the fun the first Monday of every month. Some months will have a live band, while other months, music will be provided by a DJ. Participants are strongly encouraged to pre-register. See Pre-Coffeehouse Dinner for more fun on these special evenings! *Registration deadline is the 15th of every month prior to the dinner: May 15, June 15, July 15, August 15, September 15, October 15 and November 15.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322205 A	CHOUSE	M	7-8:30PM	6/7	UPD	\$9
322205 B	CHOUSE	M	7-8:30PM	7/12*	FG21	\$9
322205 C	CHOUSE	M	7-8:30PM	8/2	UPD	\$9
422205 A	CHOUSE	M	7-8:30PM	9/13*	FG1&2	\$9
422205 B	CHOUSE	M	7-8:30PM	10/4	FG21	\$9
422205 C	CHOUSE	M	7-8:30PM	11/1	FG21	\$9
422205 D	CHOUSE	M	7-8:30PM	12/6	FG1&2	\$9

* Second Monday of the month due to holidays.

FUNDAMENTALS OF ART

Fee includes all supplies. Ages: 13 and Up. Enrollment Min 5 / Max 15. Learn about different art media and crafts. Decorate your home with your projects or wrap your artwork to make great gifts. This class is innovative and creative, and adapted for all artistic abilities. Each session will have a different theme that the project will be based on. (Summer) *Section A: Nature Crafts; Section B: Home Decor; Section C: Paper Crafts.* (Fall) *Section A: Sand Art; Section B: Fall Holidays (Halloween and Thanksgiving); Section C: Ornaments and Gifts.* **No class 11/23.**

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322191 A	NATURE	T	7-8PM	6/1-6/22	CB-AR	\$30
322191 B	DECOR	T	7-8PM	7/6-7/27	CB-AR	\$30
322191 C	PAPER	T	7-8PM	8/10-8/31	CB-AR	\$30
422191 A	SANDART	T	7-8PM	9/14-10/5	CB-AR	\$30
422191 B	HOLIDAYS	T	7-8PM	10/12-11/2	CB-AR	\$30
422191 C	ORN&GIFT	T	7-8PM	11/9-12/7	CB-AR	\$30

SOCIAL BOWLING

Ages: 13 and Up. Meets at Royal Crest Lanes, Ninth and Iowa streets, 3 p.m. to 5 p.m. the third Saturday of every month, unless indicated otherwise (see monthly newsletter). Join the fun, meet new people and try your bowling skills. Includes bowling and shoe rental. Choose an option to meet your needs. **NOTE: Silver and Bronze options require pre-registration before the 15th of every month prior to the program: May 15, June 15, July 15, August 15, September 15, October 15 and November 15.**

Silver Option — Enrollment Min 5 / Max 20. Bowling and dinner at the bowling alley. Dinner party will be held after bowling at Royal Crest

Lanes. *Pre-registration and pre-payment are required. No on-site registration will be accepted.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322301 A	BOWLSILV	S	3-5:30PM	6/19	RCL	\$20
322301 B	BOWLSILV	S	3-5:30PM	7/17	RCL	\$20
322301 C	BOWLSILV	S	3-5:30PM	8/21	RCL	\$20
422301 A	BOWLSILV	S	3-5:30PM	9/18	RCL	\$20
422301 B	BOWLSILV	S	3-5:30PM	10/16	RCL	\$20
422301 C	BOWLSILV	S	3-5:30PM	11/20	RCL	\$20
422301 D	BOWLSILV	S	3-5:30PM	12/18	RCL	\$20

Bronze Option — Enrollment Min 5 / Max 10. Bowling only. Fee: \$10. *Pre-registration and pre-payment are required. No on-site registration will be accepted.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322302 A	BOWLBRON	S	3-5PM	6/19	RCL	\$10
322302 B	BOWLBRON	S	3-5PM	7/17	RCL	\$10
322302 C	BOWLBRON	S	3-5PM	8/21	RCL	\$10
422302 A	BOWLBRON	S	3-5PM	9/18	RCL	\$10
422302 B	BOWLBRON	S	3-5PM	10/16	RCL	\$10
422302 C	BOWLBRON	S	3-5PM	11/20	RCL	\$10
422302 D	BOWLBRON	S	3-5PM	12/18	RCL	\$10

N.E.W.S. (NUTRITION, EXERCISE, WALKING, SHAPE)

Ages: 13 and Up. Enrollment Min 5 / Max 20. Participants will learn how to make some nutritious, delicious snacks and gain new ways to exercise and workout. This class will also help with snack ideas, sack lunches, eating out, breakfast on the go and much more. Exercise options will include cycling (on stationary bikes), yoga, Pilates and much more. You won't know from week to week what's next on the schedule — it's something different every week. **No class 7/2.**

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322400 A	N.E.W.S.	R	7-8:30PM	6/3-7/22	ELRC-MR	\$32
422400 A	N.E.W.S.	R	7-8:30PM	8/5-9/23	ELRC-MR	\$32
422400 B	N.E.W.S.	R	7-8:30PM	9/30-11/18	ELRC-MR	\$32

ACTING 101

Ages: 13 and Up. Enrollment Min 5 / Max 30. Do you feel like you have some acting skills just built up inside of you, wanting to get out? Now is your time to shine! This class will involve some acting, public speaking, skits, plays and maybe a chance to be a star of a play. Even if you don't want the spotlight totally on you, there is always a demand for “extras” with every performance. Come join the fun and try something new. We'll practice lines and dance moves to a play, which will be open to the public during a final performance. Location and time are to be announced. Previous classes performed *The Wizard of Oz, Beauty and the Beast* and several others. **No class 10/4, 11/1.**

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
422401 A	ACTING	M	6:30-8PM	9/20-11/29	UPD	\$32

MUSIC APPRECIATION

Ages: 13 and Up. Enrollment Min 5 / Max 20. You love to listen to music, dance to your favorite tunes and maybe even sing along to the radio. But if you've ever wanted to try out an instrument and learn to play one, or maybe to learn to sing specific notes and follow along with the music, then this class is for you! The class will explore not only the instrumental and vocal aspects but also where the music comes from that we listen to. **No class 7/5, 7/12, 8/2.** *A music recital will be held 8/30.*

CODE	SEC CLASS	DAY	TIME	DATE	LOC	FEE
322405 A	MUSIC	M	7-8PM	6/14-8/30	ELRC-MR	\$30

SUMMER CAMPS — (SEE YOUTH CAMPS — SUMMER, PAGE 58)

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