

How to Register on MedTrak's Web Site

Steps to Register

1. Go to MedTrak's web site: www.medtrakservices.com.
2. Click on the link "Need to Register?" near the upper right-hand corner of the site. This will take you to the Member Registration page.
3. In order to register you will need to enter or do the following:
 - a. Cardholder ID – This is the cardholder number on your prescription ID card.
 - b. Date of Birth of the person who is registering.
 - c. First Name of the person who is registering.
 - d. Last Name of the person who is registering.
 - e. Email Address. This is the email address where MedTrak will send your information should you happen to forget your username or password.
 - f. Username. This is created by you and it needs to be unique to you.
 - g. Password. This is created by you and needs to be unique to you.
 - h. Confirm Password.
 - i. Password Reminder. Type a hint to help you remember your password.
 - j. Email Preference. Click the radial button of your choice.
 - k. Read the HIPAA statement and type your initials in the box.
 - l. Click on the "Register" button and you are done.
4. Once you have registered, you can log in to the secure MedTrak website any time you want.
5. If you should happen to forget your password or username, click on the "Forgot Username/Password?" link. This will take you to another page where you can have your username and/or password emailed to the email account you listed in your initial registration.

Web Site Features

1. Find lowering costing medications by using "Rx Price Finder" to search by drug name.
2. Locate a pharmacy and select on that offers the low prices, preferred customer service with insurance questions/issues, and MedTrak 90 pharmacies. Icons identify these features.
3. Coming soon – we will indicate which pharmacies have a \$4 Generic Drug list (like Wal-Mart) and provide the pharmacy discounts off of Average Wholesale Price. These additional features will roll out in the first quarter of 2010.
4. Access to your claims data for Flex Spending Accounts or Tax purposes.

Additional Information

Due to the Health Insurance Portability and Accountability Act of 1996 (HIPAA), you are only allowed to view your personal health information and that of your dependents under the age of 18. Your dependent spouse and children over the age of 18 must register themselves with their own username and password. You will not have access to their prescription claim information.

Generic Copay Waiver Program

MedTrak is pleased to offer a program that will save money for both your plan members and your health plan. It is called the Generic Copay Waiver Program. It promotes the use of specific, cost-effective generic drugs as replacements for expensive, single-source brand drugs.

Generic drugs provide significant value to plan sponsors and plan members. Generic drugs undergo rigorous FDA testing for safety and effectiveness. The FDA requires that generic drugs have the same strength, purity, and stability as the original brand product.

Generic drugs are much less expensive than brand drugs. During the third quarter of 2008, MedTrak's clients' average brand prescription cost at retail was \$130. The average generic prescription cost at retail was \$25. That's a difference of \$105, a savings of 80%!

Here is how the Generic Copay Waiver Program works:

MedTrak identifies members that are taking certain high-cost, single-source brand drugs. MedTrak sends these plan members a letter explaining that the plan will waive the copay for six months if the member switches from the brand to one of the generics. The table below lists the drugs that are currently part of the Copay Waiver Program.

Drug Class	Target Brand Drug	6 Months Free Generics
Antidepressants	Lexapro, Paxil CR, Effexor XR, Cymbalta	Citalopram (generic Celexa) Paroxetine (generic Paxil) Venlafaxine (generic Effexor)
Blood Pressure	Tarka, Lexxel, Dynacirc CR, Cardene SR	Amlodipine/benazapril (generic Lotrel) Amlodipine (generic Norvasc)
Cholesterol-lowering	Lipitor, Vytorin, Crestor	Pravastatin (generic Pravachol) Simvastatin (generic Zocor)
Nasal Steroids	Beconase AQ, Rhinocort AQ, Veramyst, Nasonex, Nasacort AQ	Fluticasone (generic Flonase) Flunisolide (generic Nasarel)
Osteoporosis	Actonel, Boniva	Alendronate (generic Fosamax)
Sleep Aids	Ambien CR, Lunesta	Zolpidem (generic Ambien) Temazepam (generic Restoril) Flurazepam (generic Dalmane) Zaleplon (generic Sonata)
Ulcer	Prevacid, Nexium, Aciphex, Protonix, Kapidex	Omeprazole (generic Prilosec)

Any plan member who receives a letter must obtain a new prescription for one of the generic alternatives and then the member must call the MedTrak Help Desk to receive a copay waiver for that drug.

- MedTrak will authorize the generic drug for six months at a \$0 copay for plan members at retail pharmacies.
- MedTrak will send letters every six months, in which the list of drugs may change as more generics become available on the market.

Please note that the Generic Copay Waiver Program is optional. We encourage members to speak to their physicians before they switch.

GenericsPLUSSM is a service mark of MedTrak Services, LLC.

Dear Plan Member:

MedTrak works with your company's health plan to provide you with a high-quality prescription benefit. As part of that effort, we constantly look for ways to make your prescription benefit plan better and more affordable.

Consider this recently filled prescription:

Prescription For: JOHN DOE
Date Filled: 8/1/2007
Prescription Drug: LIPITOR TAB 20MG*
Your Copay: \$33.71
With a Total Price of: \$112.36

Did you know that there are other similar medications that can save you and your health plan money?

Consider changing to one of the preferred drugs listed below.

Preferred Drug(s)	Quantity	Average Total Price	Your Copay	You Save	Plan Saves
Generic SIMVASTATIN TABLET 40 MG	30	\$5.87	\$1.76	\$31.95	\$74.54
Generic LOVASTATIN TABLET 40 MG	60	\$44.59	\$13.38	\$20.33	\$47.44

***First fill free generic coupon available on our website at www.medtrakservices.com!**

Please take this letter with you to your next regularly scheduled physician appointment and ask if one of these Preferred Drugs is right for you.

Learn more about lowering your prescription costs by visiting www.medtrakservices.com. Click on the Member Login to discover how you can SAVE MONEY!

Please note that the information contained in this letter in no way constitutes medical advice. Medical decisions should be made by you and your physician.

Please be assured that these communications are privileged and patient confidentiality is maintained. You should also know that you have the right to refuse receipt of this information. If you have any questions concerning this program, please contact MedTrak at (800) 771-4648.



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Savings from Copay Waiver Program (Data collected from 10/1/07 through 5/31/09)

Drug Class	Number of Letters Sent	Number of Members Switching	Annualized Savings
Antidepressants	189	9	\$17,655.06
Cholesterol Lowering Drugs	207	4	\$2,886.88
Sleep Aids	71	2	\$2,023.11
Steroid Nasal Spray	98	5	\$3,189.93
Ulcer/GERD Drugs	146	5	\$6,033.96
Totals:	711	25	\$31,788.94