

# **Fitness Solutions**

Prepared For LAWRENCE RECREATION - TOTAL PACKAGE

By JEFF PAXTON March 04, 2014





ADVANCEDEXERCISE.COM

AEE Consult JEFF PAXTC jpaxton@adv		.com				arch 04, 2014 es: 45 day(s)
Phone: 913.9 Fax: 720.407				Proposa	l # 0	06538-R1
1141 Massac Lawrence, KS Tim Laurent (785) 832-34	chusetts S 66044	N - TOTAL PACKAGE	Ship to: LAWRENCE RECREATION			
CARDIO E	EQUIPMEN <sup>-</sup>	-				
Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
CLSX-0000	Life Fitness	Integrity Series Classic Elliptical Cross-Trainer	<ul> <li>18" Stride Length</li> <li>25 Resistance Levels</li> <li>27 WorkoutProorams Including 5</li> </ul>	3,261.30	5	\$16,306.50



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CLSPM		Life Fitness Integrity PowerMill Stairclimber		5,123.00	1	\$5,123.00
		Body	<ul> <li>wheelchair</li> <li>Therapist assist pedals on seat base</li> <li>Fixed seat height</li> <li>Adjustable crank arms</li> <li>Bi-directional resistance</li> <li>Low 6 watt starting resistance</li> <li>1-20 levels in .1 increments provide 200 levels</li> <li>Iso-Strength resistance</li> <li>Wireless heart rate</li> <li>450 lb user weight capacity</li> <li>218 lb. unit weight</li> <li>60"L x 30 " W x 77" H</li> </ul>			
PRO1032-INT	SciFit	Pro Series PRO1000 Upper	<ul> <li>0%-15% Elevation</li> <li>20" x 60" Running Surface</li> <li>28 Workout Programs Including 6 Zone Training Programs</li> <li>iPod Compatibility on Optional Attachable TV</li> <li>Integrated iPod/TV Controls</li> <li>Heart Rate Monitoring: Life Pulse ™ Hand Sensors and Polar® Telemetry</li> <li>DX3 Deck Belt System</li> <li>83"L x 37"W x 62.25"H</li> <li>120V Dedicated</li> <li>20AMP NEMA5-20R Receptacle</li> <li>For use seated, standing or wheelchair</li> </ul>	0.00	1	\$0.00
CLST-0100	Life Fitness	Integrity Series Classic Treadmill	<ul> <li>4 H.P. (8 H.P. Peak) AC Motor</li> <li>0.5-14 MPH</li> </ul>	5,123.30	5	\$25,616.50

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
DAP-CONSOLE	Life Fitness	Signature Series Cable Motion DAP Console Touch-Screen LCD	<ul> <li>Compatible with CMDAP and OSDAP machines</li> <li>15 inch touch screen monitor</li> <li>On Demand video demo of exercises</li> <li>Machine Weight: 11lb.</li> <li>Dimensions: 1.6"L x 15"W x 12"H</li> <li>Made in USA</li> </ul>	1,195.00	1	\$1,195.00

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Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
PSCPSE	Life Fitness	Pro2 SE Series Chest Press	<ul> <li>2" x 4" and 2" x 3" 11 gauge steel tubing</li> </ul>	3,065.98	1	\$3,065.98
			<ul> <li>Easy-to-adjust spring assisted roller seat adjustment</li> </ul>			
		7	<ul> <li>Start Position is adjusted in five 10- degree increments</li> </ul>			
			<ul> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> </ul>			
		Y. A A	<ul> <li>Full rear weight stack shroud</li> </ul>			
		-	<ul> <li>Built-in foot bar enhances user stabilization</li> </ul>			
			Machine Weight: 560 lbs			
			<ul> <li>Weight Stack: 295 lbs</li> <li>Dimensions: 41"L x 57"W x 64"H</li> </ul>			
PSFLYSE	Life Fitness	Pro2 SE Series Pectoral Fly/Rear Deltoid	<ul> <li>2" x 4" and 2" x 3" 11 gauge steel tubing</li> </ul>	3,000.38	1	\$3,000.38
			<ul> <li>Easy-to-adjust spring assisted roller seat adjustment</li> </ul>			
			<ul> <li>Start Position is adjusted in five 10- degree increments</li> </ul>			
		-	<ul> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> </ul>			
			<ul> <li>Full rear weight stack shroud</li> </ul>			
			• 2 exercise choices in one machine			
		10 A	<ul> <li>Machine arms pivot to accommodate forearm length</li> </ul>			
			<ul> <li>Handle positions help eliminate readjusting seat between exercises</li> </ul>			
			Machine Weight: 580lb.			
			Weight Stack: 295lb.			
			<ul> <li>Dimensions: 49"L x 56"W x 71"H</li> <li>Made in USA</li> </ul>			
PSSPSE	Life Fitness	Pro2 SE Series Shoulder Press	• 2" x 4" and 2" x 3" 11 gauge steel	2,910.18	1	\$2,910.18
			tubing			
			<ul> <li>Easy-to-adjust spring assisted roller seat adjustment</li> </ul>			
			<ul> <li>Start Position is adjusted in five 10- degree incremente</li> </ul>			
			degree increments <ul> <li>Integrated 5lb. and 10lb. Incremental</li> </ul>			
			<ul><li>Weight System</li><li>Full rear weight stack shroud</li></ul>			
			<ul> <li>Choice of grips includes a neutral position for individual preference and</li> </ul>			
			<ul><li>anatomical limitations</li><li>Seat position provides range of</li></ul>			
			motion adjustment			
			<ul> <li>Machine Weight: 520lb.</li> <li>Weight Stack: 200lb.</li> </ul>			
			• Dimensions: 60"L x 56"W x 64"H			
			Made in USA			

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PSSLCSE	Life Fitness	Pro2 SE Series Seated Leg Curl		3,426.78	1	\$3,426.78
		w/Adjustable Start	<ul> <li>tubing</li> <li>Easy-to-adjust spring assisted roller seat adjustment</li> <li>Start Position is adjusted in five 10-degree increments</li> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> <li>Full rear weight stack shroud</li> <li>Back pad adjusts from seated position for correct alignment</li> <li>Adj. thigh pad with handles for stabilization</li> <li>Adj. start provides 5 positions for</li> </ul>			
			individual preferences • Machine Weight: 515lb. • Weight Stack: 295lb. • Dimensions: 55"L x 34"W x 55"H • Made in USA			
PSLESE	Life Fitness	Pro2 SE Series Leg Extension w/Adjustable Start	<ul> <li>2" x 4" and 2" x 3" 11 gauge steel tubing</li> <li>Easy-to-adjust spring assisted roller seat adjustment</li> <li>Start Position is adjusted in five 10- degree increments</li> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> <li>Full rear weight stack shroud</li> <li>Adjustments are accessible from seated position</li> <li>Adj. start provides 5 positions for individual preferences</li> <li>Machine Weight: 570lb.</li> <li>Weight Stack: 295lb.</li> <li>Dimensions: 47"L x 41"W x 64"H</li> <li>Made in USA</li> </ul>	3,336.58	1	\$3,336.58
HDHR8	Hammer Strength	Athletic Series 8 ft. Half Rack	<ul> <li>Oversize heavy 3" x 3" 7 gauge steel frame</li> <li>Externally mounted numbered adjustment uprights</li> <li>Multi grip pull up bars</li> <li>Upper and lower band pegs</li> <li>Chain and band storage</li> <li>Bar supports and catches have replaceable high impact wear guards</li> <li>10 standard plate storage pegs</li> <li>Dimensions: 55"L x 66"W x 97"H</li> <li>Weight: 536 lbs.</li> <li>Made in the USA with American Steel</li> </ul>	1,646.10	2	\$3,292.20
ASMAB	Hammer Strength	Multi-Adjustable Bench	<ul> <li>Adjustable bench offers -10, 0, 30, 45, 60 and 80 degree angles</li> <li>Seat adjusts from 0, 10, 20 and 30 degree angles</li> <li>Ergonomic handles and wheel for mobility</li> <li>Use with ASPR, HDHR8, HDHR9 racks or stand alone</li> <li>Dimensions: 52"L x 22"W x 18.5"H</li> <li>Weight: 85 lbs.</li> </ul>	728.10	4	\$2,912.40

CMDAP	Life Fitness	Signature Series Cable Motion Dual Adjustable Pulley	<ul> <li>Oval frame 11-gauge tubing with powder coat finish</li> <li>1" solid steel weight plates</li> <li>Rear weight stack shrouds</li> <li>22 adjustment positions per column</li> <li>1:4 resistance ratio</li> <li>3 position pull up station</li> <li>Accessory kit &amp; storage included</li> <li>Machine Weight: 1265lb.</li> <li>Weight Stack: 2 x 390lb.</li> <li>Dimensions with pull-up handles: 44"L x 62"W x 95"H</li> <li>Made in USA</li> </ul>	4,263.18	1	\$4,263.18
BWCDL	Hammer Strength	Chin/Dip/Leg Raise	<ul> <li>Perform Chin Up, Dips and Leg Raises</li> <li>Multi-grip handles for wide and close pull up options</li> <li>15-degree back pad angle</li> <li>Step Up bars</li> <li>11-gauge steel frame with powder coat finish</li> <li>Made in USA</li> <li>Machine Weight: 250 lb.</li> <li>Dimensions: 48"L x 42"W x 92"H</li> </ul>	1,052.10	1	\$1,052.10
FWUB75	Hammer Strength	Utility Bench (75 Degree)		368.10	1	\$368.10
FWDR2	Hammer Strength	Dumbbell Rack-Double Tier	<ul> <li>Angled trays with saddle for each dumbbell</li> <li>Pinch free design</li> <li>Holds 10 pair of round head dumbbells</li> <li>11-gauge steel frame with powder coat finish</li> <li>Made in USA</li> <li>Machine Weight: 155 lb.</li> <li>Dimensions: 90"L x 24" W x 32" H</li> </ul>	665.10	2	\$1,330.20
FWBAR	Hammer Strength	Barbell Rack	<ul> <li>Holds 10 fixed barbells</li> <li>Zinc coated bolt-on racking system protects frame</li> <li>11-gauge steel frame with powder coat finish</li> <li>Made in USA</li> <li>Machine Weight: 142 lb.</li> <li>Dimensions: 31"L x 28" W x 60" H</li> </ul>	638.10	1	\$638.10

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PSBCSE	Life Fitness	Pro2 SE Series Biceps Curl	<ul> <li>2" x 4" and 2" x 3" 11 gauge steel tubing</li> <li>Easy-to-adjust spring assisted roller seat adjustment</li> <li>Start Position is adjusted in five 10-degree increments</li> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> <li>Full rear weight stack shroud</li> <li>Arm pad is angled for stability</li> <li>Pivot is positioned for ideal alignment</li> <li>Angled hand grips reduce wrist strain</li> <li>Machine Weight: 450lb.</li> <li>Weight Stack: 200lb.</li> <li>Dimensions: 45"L x 41"W x 55"H</li> <li>Made in USA</li> </ul>	2,869.18	1	\$2,869.18
PSTESE	Life Fitness	Pro2 SE Series Triceps Extension	<ul> <li>2" x 4" and 2" x 3" 11 gauge steel tubing</li> <li>Easy-to-adjust spring assisted roller seat adjustment</li> <li>Start Position is adjusted in five 10-degree increments</li> <li>Integrated 5lb. and 10lb. Incremental Weight System</li> <li>Full rear weight stack shroud</li> <li>Angled seat and arm pads for stability</li> <li>Handle pivots automatically to accommodate varying forearm lengths</li> <li>Machine Weight: 470lb.</li> <li>Weight Stack: 200lb.</li> <li>Dimensions: 45"L x 44"W x 55"H</li> <li>Made in USA</li> </ul>	2,828.18	1	\$2,828.18
MJ-CORE	Life Fitness	Signature Series Cable Motion Multi-Jungle MJ Core	<ul> <li>Oval frame 11-gauge tubing with powder coat finish</li> <li>Total Weight: 225lb.</li> <li>Dimensions: 32.5"L x 32.5"W x 94"H</li> <li>Made in USA</li> </ul>	983.18	1	\$983.18
MJLP-STA	Life Fitness	Signature Series Cable Motion Multi-Jungle Lat Pulldown	<ul> <li>Oval frame 11-gauge tubing with powder coat finish</li> <li>Contoured cushions with molded foam</li> <li>1" solid steel weight plates</li> <li>Rear weight stack shrouds</li> <li>Includes pulldown bar</li> <li>Total Weight: 340lb.</li> <li>Weight Stack: 260lb.</li> <li>Dimensions: 26.75"L x 37.25"W x 92"H</li> <li>Made in USA</li> </ul>	1,803.18	1	\$1,803.18
MJRW-STA	Life Fitness	Signature Series Cable Motion Multi-Jungle Row	<ul> <li>Oval frame 11-gauge tubing with powder coat finish</li> <li>Contoured cushions with molded foam</li> <li>1" solid steel weight plates</li> <li>Rear weight stack shrouds</li> <li>Includes V-bar handle</li> <li>Total Weight: 360lb.</li> <li>Weight Stack: 260lb.</li> <li>Dimensions: 6.75"L x 37.25"W x 92"H</li> <li>Made in USA</li> </ul>	1,803.18	1	\$1,803.18

\$1,286.58

1

1,286.58

MJTP-STA

#### Life Fitness Signature Series Cable Motion Multi-Jungle Triceps Pushdown



- Oval frame 11-gauge tubing with powder coat finish
- Contoured cushions with molded foam
- 1" solid steel weight plates
- Rear weight stack shrouds
- Includes triceps rope
- Total Weight: 225lb.
- Weight Stack: 190lb.
  Dimensions: 4.5"L x 21.25"W x 92"H
- Made in USA

FREE WEIC	Brand	Description	Specifications	Unit Price	Qty	Total Ext
		12-Sided Rubber Encased Barbells 20-110lb. Set		1,691.30	1	\$1,691.30
GO-002R	Troy Barbell	Rubber Encased Olympic Plate 2.5lb.		4.20	4	\$16.80
GO-005R	Troy Barbell	Rubber Encased Olympic Plate 5lb.		8.40	4	\$33.60
GO-010R	Troy Barbell	Rubber Encased Olympic Plate 10lb.		16.80	8	\$134.40

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				Propo	sal #	006538-R1
GO-025R	Troy Barbell	Rubber Encased Olympic Grip Plate 25lb.		42.00	8	\$336.00
GO-045R	Troy Barbell	Rubber Encased Olympic Grip Plate 45lb.		75.60	12	\$907.20
AOB-2000B	Troy Barbell	7ft. Olympic Texas Power Bar	<ul> <li>Black Zinc with Polished Steel Coating</li> <li>165,000 PSI 1500lb. static test</li> <li>28mm Diameter</li> <li>4" Deep Diamond Knurling</li> <li>Pin Roll Design to hold sleeve</li> </ul>	302.07	2	\$604.13
AOMC	Troy Barbell	2in. Muscle Clamp Collar (pair)		33.60	2	\$67.20
TSD-005-050R- SET	Troy Barbell	12-Sided Rubber Encased Dumbbells (10 Pair) 5-50lb. Set		1,016.40	1	\$1,016.40
TSD-055R	Troy Barbell	12-Sided Rubber Encased Dumbbells 55lb. (each)		101.64	2	\$203.28

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Troy Barbell	12-Sided Rubber Encased Dumbbells 60lb. (each)	110.88	2	\$221.76
Troy Barbell	12-Sided Rubber Encased Dumbbells 65lb. (each)	120.12	2	\$240.24
Troy Barbell	12-Sided Rubber Encased Dumbbells 70lb. (each)	129.36	2	\$258.72
Troy Barbell	12-Sided Rubber Encased Dumbbells 75lb. (each)	138.60	2	\$277.20
Troy Barbell	12-Sided Rubber Encased Dumbbells 10lb. (each)	18.48	2	\$36.96
Troy Barbell	12-Sided Rubber Encased Dumbbells 15lb. (each)	27.72	2	\$55.44
	Troy Barbell Troy Barbell Troy Barbell Troy Barbell	Troy Barbell 12-Sided Rubber Encased Dumbbells 65lb. (each) Troy Barbell 12-Sided Rubber Encased Dumbbells 70lb. (each) Troy Barbell 12-Sided Rubber Encased Dumbbells 75lb. (each) Troy Barbell 12-Sided Rubber Encased Dumbbells 10lb. (each) Troy Barbell 12-Sided Rubber Encased	Troy Barbell12.Sided Rubber Encased Dumbbells 66lb. (each)110.88Troy Barbell12.Sided Rubber Encased Dumbbells 66lb. (each)120.12Troy Barbell12.Sided Rubber Encased Dumbbells 70lb. (each)129.36Troy Barbell12.Sided Rubber Encased Dumbbells 70lb. (each)129.36Troy Barbell12.Sided Rubber Encased Dumbbells 70lb. (each)138.60Troy Barbell12.Sided Rubber Encased Dumbbells 75lb. (each)138.60Troy Barbell12.Sided Rubber Encased Dumbbells 75lb. (each)138.60Troy Barbell12.Sided Rubber Encased Dumbbells 76lb. (each)18.48Encased Dumbbells 101b. (each)18.48Encased Dumbbells 101b. (each)18.48	Dumbbells 60lb. (each)       120.12       2         Troy Barbell       12-Sided Rubber Encased       120.12       2         Troy Barbell       12-Sided Rubber Encased       129.36       2         Troy Barbell       12-Sided Rubber Encased       129.36       2         Troy Barbell       12-Sided Rubber Encased       129.36       2         Troy Barbell       12-Sided Rubber Encased       138.60       2         Troy Barbell       12-Sided Rubber Encased       138.60       2         Troy Barbell       12-Sided Rubber Encased       18.48       2         Troy Barbell       12-Sided Rubber Encased       18.48       2         Troy Barbell       12-Sided Rubber Encased       18.48       2         Troy Barbell       12-Sided Rubber Encased       27.72       2

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Proposal # 006538-R1

			Propos	al # (	006538-R1
TSD-020R	Troy Barbell	12-Sided Rubber Encased Dumbbells 20lb. (each)	36.96	2	\$73.92
TSD-025R	Troy Barbell	12-Sided Rubber Encased Dumbbells 25lb. (each)	46.20	2	\$92.40
TSD-030R	Troy Barbell	12-Sided Rubber Encased Dumbbells 30lb. (each)	55.44	2	\$110.88
	offered at NO C	HARGE with complete package	Subtotal:	ę	§109,728.29
Purchase. Add Exercise	e Protection Pla	n for cardio equipment for \$4,500	Freight, Delivery & Install:		10,700.00

(3 year warranty)

All pricing per Kansas State Contract 37720

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\$120,428.29

Total:

#### **Terms & Conditions**

**Terms:** 50% down, balance due on delivery or Net 10 with an approved purchase order. Invoice will be due and payable, based on the original installation date. We accept cash, checks, money orders, and wire transfers of funds. Special Orders: A 100% prepayment is required for all customized products including but not limited to custom colors, PLAE Sports Flooring and products with logos such as plates, dumbbells and platforms.

**Return Policy:** A 25% restocking fee, plus freight, will be incurred for all non-custom products returned. Customized products are nonreturnable. A minimum restocking fee of 25%, plus freight, will be incurred for all non-customized products returned.

**Bolt Down Requirements:** Life Fitness recommends that all strength training equipment be secured to the floor in order to prevent tipping, rocking or displacement which might occur in the event of unanticipated use of the equipment. Life Fitness **requires** that certain strength training equipment (specifically the Synrgy 360S, T, XS, XM, the HD Elite Half Rack/Short Base unit and other products to be used for body weight strap training) be secured to the floor. In the case of Synrgy 360S, T, XS, XM and the Elite HD Half Rack Short Base, the customer acknowledges:

- Customer has determined the proper placement of the equipment to be secured. Customer Initial \_
- Customer has identified and informed AEE of the location of any utility, service lines, including but not limited to
  post tension cables. It is the customer's responsibility to identify the locations of any cables or lines prior to
  installation. Customer Initial\_\_\_\_\_\_
- Customer has confirmed that the subfloor consists of no less than 2.5 inches of concrete. Customer Initial\_\_\_\_\_
- Customer has obtained any and all consents to the drilling of holes in the flooring and subflooring. Customer Initial\_\_\_\_\_

If your order includes any of the equipment requiring bolting to the floor, initials are required above and an additional signed waiver will be required to place the order.

Additional products may require bolting to the floor, wall or ceiling. Bolting is not included on these products unless otherwise noted on the quotation. Customer is responsible for bolting these products to meet the manufacturer's requirements. This includes TRX, Core Energy, Boxing mounts and other products that require bolting to the facility structure.

**Flooring Installation:** Refer to the product specifications to ensure that the sub floor meets the material installation requirements. Freight offloading, inside delivery, adhesive, moisture tests, moisture reducers, base boards, sub floor prep, sub floor cleaning, transition strips and existing floor removal and disposal are not included unless otherwise noted on the quotation.

**Storage:** We reserve the right to assess storage fees not to exceed 1.5% per month, or fraction thereof and request payment in full on the related customer's invoice, when a customer's original delivery date is delayed by circumstances beyond our control.

**Taxes:** We collect sales or use taxes only in jurisdictions where we are licensed to do so. Customer agrees to accept sole liability and responsibility to pay for any and all uncollected sales or use tax liabilities, related penalties and interest that arise as a result of the purchase of products and/or services from our company.

Security: Until all products are paid in full, customer hereby grants to, and AEE shall retain, a security interest in and lien on, all products sold to the customer.

I accept the terms and conditions of this quote.

Signature:	
Name:	Tim Laurent
Date:	

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