### **2012 Douglas County Community Health Assessment – Overview**

May 3, 2012

## Why create a report?

The 2012 Douglas County Community Health Assessment Report is a critical first step in the development of a community health plan that will guide our collective efforts to improve the health of our community. Our Community's plan must start with a deep understanding of the issues affecting our health and the assets we have available to us to improve health outcomes. The full report is available at www.ldchealth.org

#### Who did we hear from?

Our goal was to hear from all segments of the Douglas County community, the diagram below illustrates the variety of methods used to assure that we accomplished this goal.

Com	munity Health Assessment	Methods and Time	eline		•	
	January 2012	February 2012	March 2012	April 2012		
Local Public Health System Assessment	Over 60 community members representing segments of our local public health system completed an assessment of how well we deliver public health services in the community.					
Focus Groups	98 peop participal held in B Participar importan					
Interviews		Com	lopment of a munity ealth			
Concerns Survey		1,355 residents respor question survey asking the importance of eac satisfaction with how was being addressed	them to rate h issue and their		Impro	ovement Plan
Small Area Analysis			used comp	Memorial Hospital staff uter maps of ER data to ighborhood health		
PhotoVoice			Through the use of phot from Van Go answered • What conditions help • What conditions kee healthy?	these questions: ps us be healthy?		

**Steering Committee Members** 















#### What did we hear?

As we listened to what you had to say 13 broad areas of concern continued to be identified. The table below lists these community health issues and the different methods in which these issues were identified.

Community Health Issue	Concerns Survey	Focus Groups	Interviews	Health Status Report	Photo- voice
Lack of access to affordable healthy foods	<b>~</b>	>	<b>&gt;</b>	>	>
Limited access to dental services	<b>~</b>	>	<b>~</b>	¥	
Insufficient access to health care / other services	<b>~</b>	>	<b>~</b>	>	
Poverty / too few job opportunities	<b>~</b>	>	<b>&gt;</b>	>	
Limited access to safe, affordable housing	<b>~</b>	<b>&gt;</b>	<b>&gt;</b>	>	
Frequent abuse of alcohol (including binge drinking and drinking and driving)	~	>	<b>&gt;</b>	>	
Lack of access to health insurance coverage	<b>&gt;</b>	>	<	>	
Disparities in health outcomes & quality of life		>	<b>&gt;</b>	>	
Inadequate recognition of mental health issues and access to mental health services	~	>	<b>&gt;</b>		
Limited knowledge of available health (and other) services	<b>&gt;</b>	>	>		
Lack of physical activity		<b>&gt;</b>	<b>~</b>		<b>&gt;</b>
Inadequate transportation linking people to services, jobs and recreation		>	<b>&gt;</b>		
Prevalence of abuse & intimate partner violence	<b>~</b>			>	

# Where do we go from here?

Improving health requires our collective effort and begins with a coordinated strategy and process for evaluating progress. Our future success lies in changing deep rooted values, systems and behaviors and we must take a long view of this work while also creating a system for measuring progress. The diagram to the right illustrates this initial 5 year assessment-planning-evaluation cycle.



